

EXTENDED ANNUAL REPORT ON SDG 3 OF NAMANGAN STATE UNIVERSITY FOR 2024

The Faculty of Medicine at Namangan State University has established collaborative relationships with local medical institutions, including Andijan State Medical Institute, Tashkent State Medical University, regional, city, and district medical associations, as well as specialized research centers and their branches.

At the Faculty of Medicine of Namangan State University, a total of 1,288 students are enrolled in the fields of General Medicine, Pediatrics, and Pharmacy. Among them, 61 are international students, with classes conducted in Russian and English.

International Cooperation in Promoting a Healthy Lifestyle.

To further strengthen international cooperation and exchange experiences, the Faculty of Medicine at Namangan State University hosted an important meeting. Leading scientists from India, Dr. Aditya Pradhan and Dr. Shveta Tyagi Giri, visited the university and shared their advanced expertise in their respective fields. During the meeting, the guests delivered lectures on pressing issues in the medical field. Dr. Aditya Pradhan presented modern approaches and advanced technologies on “The Causes of Kidney Diseases and Proper Nutrition.”



In particular, the experience from India in this area sparked great interest among many students. Dr. Shveta Tyagi Giri provided detailed information on performing oncogynecological procedures in women using robotic and laparoscopic methods.

At the conclusion of the lectures, a lively question-and-answer session took place between the guests and the students. In particular, the scientists provided

clear and comprehensive answers to questions posed by Indian students, sharing their knowledge and experiences.



The meeting took place in a warm and friendly atmosphere, proving both engaging and memorable. At the conclusion of the event, the Dean of the Faculty of Medicine, G'ofurjon Abdullayev, expressed gratitude to the guests on behalf of the university community. He emphasized the importance of further developing such cooperative relationships in the future and noted that the faculty is ready to make effective use of all available opportunities.

The guests, in turn, expressed their intention to continue such initiatives, emphasizing the need to organize regular lectures via the ZOOM platform and to establish an exchange of experience on teaching methodologies.

This meeting marked a new stage in scientific and academic cooperation between the two countries and provided students with the opportunity to become closely acquainted with the latest advancements in modern medicine.

To further strengthen international cooperation and exchange experiences, the Faculty of Medicine at Namangan State University hosted an important meeting.

Leading Turkish scientist, Professor Dr. Mustafa Asim Aydin, visited the university and shared his advanced expertise in his field. In particular, Turkey's experience in this area sparked great interest among many students. At the conclusion of the lectures on healthy lifestyles, a lively question-and-answer session took place between the guests and the students. Notably, clear and comprehensive answers were provided to questions posed by Indian students.



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On April 4, 2024, professors and lecturers of the Faculty of Medicine at Namangan State University G. Abdullayev, N. Kodirov, U. Abdullayev, R. Inatullayeva, D. Tillboyeva along with a group of talented students, visited the Faculty of Medicine at Osh State University in Osh.

During the scientific visit, a memorandum was signed between the two university faculties, and an agreement was reached on conducting practical training and student mobility exchanges.



Activities Carried Out under the “Healthy Generation – Healthy Future” Initiative.

At the Faculty of Medicine of Namangan State University, a moral and educational discussion was held among students on the topic “The Harmful Effects of Drugs and Tobacco Products.”

The event was attended by faculty members G. Boyatova and A. Abduvaliev, as well as the faculty coordinator M. Fazliddinov, who held an effective discussion with students on this important topic.

During the discussion, detailed information was provided on the negative effects of drug use and smoking on human health, morality, and societal development. The specialists emphasized that these vices pose a threat to the lives and future of young people, urging them to adopt a healthy lifestyle and avoid harmful habits.



The main goal of the event was to foster correct attitudes toward a healthy lifestyle among students, encourage them to preserve their health, and strengthen an active civic stance in the fight against drug use.

At the conclusion of the meeting, students shared their opinions on the topic and presented their suggestions for more actively promoting a healthy lifestyle.

On April 7, International Health Day, which is widely celebrated worldwide, a moral and educational event promoting a healthy lifestyle was organized at the Faculty of Medicine.

The event was held to commemorate the day established by the World Health Organization "JSST" on April 7, 1948, and to draw public attention to

global health issues. The theme of International Health Day for 2024 is “Health is a Human Right!” emphasizing the right of every individual to access equitable and fair healthcare services.

During the event, the following activities were carried out with the participation of faculty members, students, doctors, and nurses:

- Presentations and demonstrations promoting a healthy lifestyle;
- Preventive consultations and medical check-ups;
- Open discussions and question-and-answer sessions;
- Exhibitions and recommendations on healthy nutrition;
- Practical exercises on mental health and stress management.



Speakers at the event addressed current pressing issues in the healthcare sector, the prevention of diseases, maintaining a healthy lifestyle, proper nutrition, and the importance of physical activity.

The leadership of the Faculty of Medicine emphasized that the purpose of this event was to cultivate a culture of healthy living among students and to encourage them to become active promoters of public health within the community.

In conclusion, International Health Day serves as an important opportunity not only for healthcare professionals but for the entire society to focus attention on health-related issues.

On October 25, 2024, a roundtable discussion was organized for 4th-year students of the Faculty of Medicine at Namangan State University on the topic of properly scheduling daily activities based on physiological principles and maintaining proper nutrition.



Students gained an understanding that maintaining and strengthening human health, as well as ensuring longevity, depends on a healthy lifestyle. Indeed, each of us must first take care of our own health. By doing so, we can lead a peaceful and prosperous life while preventing many serious diseases.



As part of the nationwide “Anti-Corruption Month,” a roundtable discussion titled “Vaccinating Future Professionals with the ‘Vaccine of Integrity’ – A Requirement of Our Time!” was held with 1st-year Pediatrics students of the Faculty of Medicine at Namangan State University. The event was attended by Y. Hojimatova, Deputy Chairperson of the Namangan Regional Council of the “Adolat” Social Democratic Party, M. Olimov, Chairperson of the Namangan City

Council, N. Kodirov, Deputy Dean of the Faculty of Medicine, and A. Abduvaliev, Educational Advisor.



During the event, future medical professionals gained an understanding of the “vaccine of integrity,” and the importance of prioritizing core values such as justice, trust, and humanitarianism in the medical field was emphasized.



Students of the Faculty of Biotechnology residing in Dormitory No. 2 of Namangan State University underwent medical examinations conducted by doctors from the Regional Children and Adolescent Advisory Polyclinic Center.



Medical staff examined students' overall health, blood pressure, heart rate, and other vital indicators. In addition, preventive consultations were provided.



Such events are held regularly and contribute to improving students' health.

At the Faculty of Medicine of Namangan State University, a roundtable discussion was organized for Indian students prior to their practical training. The discussion was attended by the Dean of the Faculty, G. Abdullayev, Deputy Dean N. Qodirov, Dean's Advisor N. Qozirahimova, Educational Advisor D. Narzullayev, and the students.



In his speech, the Dean of the Faculty, G. Abdullayev, provided detailed information on the type of practical training 1st-year students would undergo and the key aspects they should focus on. Additionally, he discussed future initiatives with international students, the expanded opportunities being created for them, and introduced the “Meta Vision” smart glasses, produced by Meta Company and acquired by the university for use in classes.

At the conclusion of the discussion, students received answers to their questions and expressed their gratitude to the university officials for the opportunities provided to international students.

Month of Combating Drug Abuse

The “Action Plan for Developing Resistance to Drug Use among Unaffiliated Youth” has been approved. In accordance with the relevant provisions of this plan, the next awareness-raising event was held at the Faculties of Social Sciences, Biotechnology, Medicine, and Pedagogy.



The event was attended by the university's preventive inspectors A. To'xtabayev, D. Karimov, Z. Karimova, as well as the deputy deans, tutors, and students of the respective faculties.

During the event, detailed information was provided on combating the illegal circulation of narcotic and psychotropic substances among youth, including the types of drugs, particularly synthetic substances and e-cigarettes, their harmful effects on human health, and the negative consequences of drug addiction.

